

# GLAMOUR

FEBRUARY 2007

**YOUR  
SEX  
DRIVE**

8 weird  
things  
that are  
very, very  
normal

**JENNIFER  
CONNELLY**  
on getting  
what you  
deserve in life

**6 QUICK  
HAIR  
TRICKS**  
models  
swear by  
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## **50 SHORTCUTS TO A SEXIER BODY**

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# Will it leave a scar?

Not if you follow this  
plastic surgeon's advice.

“ It's the number-one question I get from patients: Will that cut or scrape leave a scar? If it's so deep that you can see white or yellow tissue under the skin, the answer is probably yes. But here's how to make *any* mark smaller and lighter:

**Keep cuts very clean.** Infection slows healing, making scarring worse.

**Use ointment** like Neosporin or even just Vaseline, then put on a bandage—wounds heal better when they're moist. (But after a scar forms, creams won't help.)

**Don't pick!** Scabs are natural bandages. **Slather sunscreen** on the injured spot for six months to a year. Ultraviolet rays can permanently darken delicate new skin.

**Try silicone scar-healing strips** to flatten and improve the look of scars after a cut heals. They really work! ”

—CONSTANCE CHEN, M.D.,

A PLASTIC SURGEON IN NEW YORK CITY

Already got a scar? No big deal—even models like Josie Maran do.

